

# Present Progressive Tense- AR Verbs

The Present Progressive Tense is a compound tense. It needs two verbs the first verb will be a form of the verb “Estar”. It will mean “is, am or are”.

Estar = To be, is, am, are

Yo estoy = I am	Nosotros estamos = We are
Tú estás = you are	Nosotras estamos = We (feminine) are
Él está = he is	Vosotros estáis= You (plural Spain) are
Ella está = she is	Vosotras estáis = You (plu, Fem. Spain) are
Usted está = You (formal) are	Ellos están = They are
Está = (it) is	Ellas están = They (feminine) are
Juan está = name	Ustedes están = You (plural) are Two names = Juan y María están

The second word will be a Present Participle, which in English is a verb with an “ing” ending. We use the Present Progressive when we want to say that someone is in the process of doing something. With AR Verbs we cross off the and put in its place “ando”.

Examples :

I am helping= Yo estoy ayudando

You are walking= tú estás caminando

He is singing= él está cantando

She is teaching = ella está enseñando

You (formal) are listening = Usted está escuchando

We are studying=nosotros estamos estudiando

They are watching = ellos están mirando

You (plural) are preparing = Ustedes están preparando

Act. 1: Conjugate the following verbs in the Present Progressive Tense. Remember that you need two words!

1 yo visitar	11 tú pagar
2 tú viajar	12 Usted necesitar
3 él gritar	13 nosotros llevar
4 nosotros tomar	14 Ustedes llenar

5 ellos trabajar	15 yo hallar
6 yo regresar	16 tú hablar
7 tú quitar	17 (it) usar
8 ella preguntar	18 nosotras esperar
9 nosotras patinar	19 ellos desear
10 ellas pasar	20 yo dejar